



Critical Thinking and Analysis

Overview: This course provides participants with the skills to analyze and evaluate information in order to make the correct decision. These skills allow participants to be more rational and disciplined thinkers. It will reduce their bias which will provide a greater understanding of their environment. Participants will acquire the skills to evaluate, identify, and distinguish between relevant and irrelevant information which will provide an incredible boost in performance.

Prerequisites: There are no prerequisite requirements for this course.

Course Length: One Day

Course Content

Lesson 1: Getting Started

Workshop Objectives
Pre-Assignment Review
Action Plans and Evaluation Forms

Lesson 2: Components of Critical Thinking

Applying Reason
Open Mindedness
Analysis
Logic
Case Study

Lesson 3: Non-Linear Thinking

Step Out of Your Comfort Zone
Don't Jump to Conclusions **Error! Bookmark not defined.**
Expect and Initiate Change
Being Ready to Adapt
Case Study

Lesson 4: Logical Thinking

Ask the Right Questions
Organize the Data
Evaluate the Information
Draw Conclusions
Case Study

Lesson 5: Critical Thinkers (I)

Active Listening
Be Curious
Be Disciplined
Be Humble
Case Study

Lesson 6: Critical Thinking (II)

Seeing the Big Picture
Objectivity
Using Your Emotions
Being Self-Aware
Case Study

Lesson 7: Evaluate the Information

Making Assumptions
Watch out for the Bias
Ask Clarifying Questions
SWOT Analysis
Case Study

Lesson 8: Benefits of Critical Thinking

Being More Persuasive
Better Communication
Better Problem Solving
Increased Emotional Intelligence
Case Study

Lesson 9: Changing Your Perspective

Limitations of Your Point of View
Considering Others Viewpoint
Influences on Bias
When New Information Arrives
Case Study

Lesson 10: Problem Solving

Identify Inconsistencies
Trust Your Instincts
Asking Why?
Evaluate the Solution(s)
Case Study

Lesson 11: Putting It All Together

Retaining Your New Skills
Reflect and Learn From Mistakes
Always Ask Questions
Practicing Critical Thinking
Case Study